

You're busy! Why come to Schwartz Rounds®?

Studies Show:

- Improved clinical outcomes
- Increased patient satisfaction
- Reduction of errors and legal claims
- Stronger caregiver-patient relationships
- CMEs and CEs available

All physicians and staff are invited to
Schwartz Rounds®

First Thursday of each month

Thursday, March 2nd
12:30 – 1:30 NH 1 – 3

Lunch is served

Also, Doctors, Nurses and other care providers who participated in the Rounds reported:

- Increased insight into social and emotional aspects of patient care; Increased feelings of compassion toward patients; and increased readiness to respond to patients' and families' needs
- Improved teamwork, interdisciplinary communication, and appreciation for the roles and contributions of colleagues from different disciplines
- Decreased feelings of stress and isolation, and more openness to giving and receiving support;
- Improved departmental or hospital-wide practices or policies that benefit both patients and providers. Greater attendance increased benefits experienced.



Schwartz Rounds® At a Glance

<http://theschwartzcenter.org>

What are Schwartz Rounds?

Schwartz Rounds is a monthly **interdisciplinary** forum in which clinical team members safely and candidly discuss **difficult social, emotional, ethical, moral, and spiritual issues inherent in providing and improving patient care**. The forum is an opportunity to discuss how communication among caregivers and between caregivers and patients influences care. Using a case review format, Rounds give voice to unspoken concerns and diverse perspectives of the hospital team.

Since the focus is on the team and not on the clinical details of the cases, caregivers can share their experiences, thoughts and feelings on thought-provoking topics drawn from actual patient-care experiences. Caregivers are better able to make **personal connections** with patients and colleagues and sustain themselves in their work when they have greater insight into **their own responses and feelings**.

Schwartz Rounds take place at nearly 400 healthcare facilities in 37 states. Regular Rounds offer healthcare providers a regularly scheduled time during their fast-paced work lives to discuss --- openly and honestly, the personal and human dimensions of medicine. Kaiser San Leandro has been offering Schwartz Rounds since July, 2014.

What Happens at the Rounds?

A panel of caregivers, directly involved in a case, make a brief presentation. This panel includes physicians, nurses, social workers, chaplains, psychologists, and allied health professionals. Following the presentation the audience is invited to share their own **non treatment** perspectives and broader, but *related* issues. A planning committee selects a case and prepares panelists to present the relevant issues.

Sample Rounds' topics:

- Getting "fired" by a patient/family
- Does stopping treatment mean giving up?
- Socio-economical differences: caregivers & team
- Moral, emotional, spiritual distress
- Non-compliant patients
- Cultural and religious influences to effective treatment
- Treatment team conflict around treatment plans
- Caring for a colleague
- Special needs patients (obesity, addiction, pain management)
- Compassion fatigue

What is the History of the Rounds?

Founded at Massachusetts General Hospital (MGH) as the result of an article written by a healthcare attorney who was diagnosed with terminal cancer, the Schwartz Center's most well-known program is the Schwartz Center Rounds.

It began as a way for Oncology teams to express "what it felt like to care for this patient/family member," and soon expanded to teams throughout the medical center.

A comprehensive evaluation shows that the program has a unique and profound impact on caregivers as well as host institutions. This evaluation was recently written about in [Academic Medicine](#) and in [summary form](#).

There are more than 375 Schwartz Center members, including:

Kaiser Permanente (17 of us so far!)

San Francisco General Hospital, San Francisco

Yale-New Haven Hospital – Saint Raphael Campus, New Haven

Brigham and Women's Hospital, Boston

Massachusetts General Hospital – Cancer Center, Boston

New York-Presbyterian/Weill Cornell Medical Center, New York

Banner – University Medical Center Phoenix Campus, Phoenix

Stanford Hospital and Clinics, Stanford

Beth Israel Deaconess Medical Center, Boston

Dana-Farber Cancer Institute, Boston

St. Jude Children's Research Hospital, Memphis

Texas Health Presbyterian Hospital Dallas, Dallas