



KSBHCPA

Kaiser South Bay Health Care Professional Association

Transparency – August 2012 Edition

Unionunac@gmail.com Questions for your officers?

ineedaunacrep@gmail.com Need representation?

We Respond Within 24 Hours

Website: <http://www.unacuhcp.org/members/affiliates/south-bay-kaiser/>

*The South Bay **Transparency** monthly newsletter has been created for you the membership of UNAC/UHCP in an effort to keep you informed of the summary of events that have taken place at our facility as well as to provide you with information that directly affects you, your co-workers and our workplace. Your South Bay UNAC/UHCP Officers, State Representative, and Contract Specialist are working hard and in your best interest, there is no hidden agenda, all questions are welcome.*

A Message from Milton Kaimoana, RN Clinic President

Let us welcome back, KP South Bay Hospital President, Angela Gonzalez. Angela returns after bonding with her newborn. Congratulations, Angie.

On behalf of the South Bay KP officers, we like to extend our gratitude to those who voluntarily took the time to come and vote for our new collectively bargaining agreement with Kaiser. There was overwhelming participation during the ratification voting process from all affiliates.

Additionally, we thank you for your input on the newly revised policies:

- KSBHCPA Constitution
- KSBHCPA Financial policy

These policies will now be reviewed by the UNAC/UHCP State office.

A Message from Teresa Alcalá, RN Treasurer

South Bay local policy below:

If you ran as a delegate from Kaiser South Bay to the 2012 UNAC/UHCP Convention in San Diego, your affiliate will be paying for the following:

1. The convention delegate fee of \$375.00 will be paid by the affiliate, which includes reception

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Sunday evening, 3 continental breakfasts, 2 luncheons, banquet and continuing education.

2. The convention rooms will be paid at double occupancy for the three days of the convention (October 21st, 22nd 23rd with check out on the 24th). The rate this year is \$270.00 double occupancy. If you wish to have a room by yourself, you will be responsible to pay in advance of the convention one-half of the room rate plus tax.

3. Reimbursement for travel, traveling by car will be reimbursed at a maximum of \$130.00. This will cover the following: mileage by odometer/map quest to and from home to San Diego and San Diego to home. Map quest or odometer readings must be given for mileage reimbursement.

4. One (1) days lost wages at your regular rate of pay for a scheduled day or at WAHR on a scheduled day off up to eight (8) hours.

5. The other two days you will not be compensated. You need to ask for union leave, PTO/vacation or educational leave.

A Message from Greal Yumul, RN Workplace Safety Officer

Highest department injuries for the month of June were the EVS and Laboratory Departments.

EVS had three injuries for month of June. Two of these injuries were back injuries. The question is how can we prevent these injuries keep from happening? One suggestion was to stretch prior to starting work. Please be mindful of your environment and body mechanics.

The laboratory department also had 3 injuries for the month of June and 1 in July. Our laboratory has one of the highest rates of injuries our region. Most of these injuries are caused by repetitive movement. Please remember to use proper body mechanics. I know it sounds simple but it is effective when used properly.

What can we do to turn things around?

Emergency Room is the gold standard since this is the department that has the most patient turn around. However, they manage to keep injures very low. Last year, there were zero injuries for year 2011. How did they achieve this? Communication with staff and awareness of surroundings. ER managers are constantly doing rounds to make sure that the ER department is safe from any needles, wet floors, etc. They communicate with staff regarding any issues, especially when it comes to safety.

An issue in 4500 unit was brought up regarding cleaning rooms especially at night for EVS. It is on our policy that EVS cannot remove the heavy equipment. There was numerous staff from 4500 asking why do the nurses have to clean out everything prior to EVS cleaning. The policy states that the staff on that



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unit is responsible for cleaning and taking out used equipment prior to EVS cleaning the rooms.

If you have any questions, please email me directly at grealyumul@aol.com. Thank you very much and remember: buddy up now and save our backs later.

Reminders, Upcoming Classes, and Meetings

JOINT LABOR-MANAGEMENT EDUCATION: IMPROVING NURSING PRACTICE AND PATIENT CARE THROUGH EVIDENCE-BASED PRACTICE

Date: August 9, 2012

Time: 8:00 AM - 4:30 PM

Location: Doubletree Hotel

6161 Centinela Ave., Culver City, CA 90230

Description: This course will give you the knowledge and confidence to incorporate evidence-based practice into your practice.

More info: contact your local Education and Training/Staff Development Department.

JOINT LABOR-MANAGEMENT EDUCATION: ADVANCED WOUND CARE – PREVENTION WITH EVIDENCE-BASED PRACTICES AND ENHANCING HEALING OUTCOMES

Date: August 22, 2012

Time: 8:00 AM - 4:30 PM

Location: Doubletree Hotel

6161 Centinela Ave., Culver City, CA 90230

Description: Participants will be exposed to the history behind Hospital Acquired Conditions (HAC's), new updates per CMS and how they can play a role in reducing HAC through preventative measures.

More info: contact your local Education and Training/Staff Development Department

KAISER STEWARD TRAINING

Date: September 6, 2012

Time: 10:00 AM – 6:00 PM

Location: UNAC/UHCP Office

Description: Become the best steward you can to serve our members! This is a Group A Training, including the following affiliates: Orange County, Panorama City, Riverside, San Diego, South Bay, and Sunset. Register online at: <https://www.signup4.net/Public/ap.aspx?EID=STEW16E>



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PERIOPERATIVE EDUCATIONAL SYMPOSIUM

Date: September 15, 2012

Time: 7:30 AM – 4:30 PM

Location: The Disneyland Hotel

1150 Magic Way, Anaheim, CA 92802 ([map](#))

The Grand Ballroom (1st Floor)

Description: To provide educational and strategic tools for KP SCAL nursing in order to help drive quality and safety for Perioperative patient care.

More info: contact your local Education and Training/Staff Development Department.

Register online at: <http://events.SignUp4.net/PeriopNursingSymposium>

JOINT LABOR-MANAGEMENT EDUCATION: FINDING CONTENTMENT IN THE WORKPLACE

Date: September 19, 2012

Time: 8:00 AM - 5:00 PM

Location: Rio Hondo Event Center

10627 Old River School Rd., Downey, CA 90241

Description: There are barriers that may prevent nurses from finding contentment in the workplace. This course will help to identify and dissolve these barriers. Nurses should leave this course with an understanding of the nursing culture and how to deal with conflict at work.

For more info contact your local Education and Training/Staff Development Department.

JOINT LABOR-MANAGEMENT EDUCATION MEDICAL-SURGICAL NURSING CERTIFICATION REVIEW COURSE

Date: September 20, 2012-September 21, 2012

Time: 8:00 AM - 5:00 PM

Location: Kaiser Permanente West Los Angeles Medical Center

6041 Cadillac Ave., Los Angeles, CA 90034

4th Floor, East Tower, Conference Rooms A & B

This is a two day course. Day two is September 21st. Both days must be attended to receive credit.

Description: the course provides an overview of interventions that medical-surgical nurses use to promote quality of life for their clients.

More info: contact your local Education and Training/Staff Development Department.

Any questions, issues or concerns? Please email us: Unionunac@gmail.com

We will report out to you on a monthly basis and answer your questions.